

Project URGE Fall 2013 News

Project URGE, Inc. 31 West Church Street Fairport, NY 14450 Website—www.projecturge.org Email—prourge@aol.com 585.223.8340

Break Down Walls of Poverty and Racism

The 9th Annual URGEnt Presentation and Workshops - 2013 Community Presentation and Workshops



EVENT: URGEnt Presentation and Workshops

WHERE: 1 Favor St. (near Ford & W. Main St.) at the Youth for Christ building

WHEN: Saturday, November 2nd, 2013

9 am - 3:30 pm

REGISTRATION: Contact <u>prourge@aol.com</u> or call (585) 223.8340

Deadline for registration is Saturday, October 26th

COST: FREE - In lieu of the price of a ticket, guests are invited to bring new or gently used coats,

gloves, hats, towels, as well as canned goods or non-perishables to be distributed to homeless shelters, soup kitchens and other organizations serving the under-resourced in the

Rochester area.

WORKSHOPS: 1) Poverty Simulation or

2) Laying the foundation for Christian Community Development and Reconciliation

Choose one of these informative workshops

12:30pm - 3pm

FOOD Continental breakfast free

Lunch selections are \$6 each and must be preordered when you register

or you may bring your own

Box 1: Vegetarian wrap, garden salad, Sun Chips, apple, yogurt, bottled water

Box 2: Turkey ranch cheddar wrap, garden salad, Sun Chips, apple, yogurt, bottled water

Box 3: Tuna salad whole wheat pita, garden salsa, Sun Chips, apple, yogurt, bottled water

HANDICAP ACCESS: Handicapped accessibility is available

The 9th Annual URGEnt Presentation and Workshops 2013



On Saturday, November 2nd, 2013, starting at 9am, Project URGE, Inc. will host a high impact presentation and workshops featuring faithbased, community-based and para-church organizations focused on breaking down barriers in regard to poverty and racism. The *URGE*nt Presentation and Workshops will be held at the Youth for Christ building at 1 Favor St., near Ford and W. Main Streets in Rochester, just off 490. Many of the city's key service organizations and ministries committed to serving the under-resourced, the abused, and at-risk population will be on hand to inform guests about what they do and educate people on how they can become involved in volunteering or supporting the efforts of these local organizations. The morning session will feature Pastor Jonathan Brooks from Chicago, delivering a message on "Empowerment", which will be followed by two important

workshops. Participants will choose one of two trainings offered. The *Poverty Simulation* training is a role-playing tool that creates an understanding about the barriers low-income families and senior citizens often deal with on a daily basis. The other offering is Laying the Foundation for Christian Community Development and Reconciliation.

Pastor Jonathan Brooks, a pastor, Chicago school teacher, community developer and youth worker, will be on hand to discuss how faith-based leadership can engage neighbors and transform the community by empowering people to serve in the neighborhoods where they live and work. His life experience and ability to communicate both an inspirational message along with practical ideas will further extend the deeply impacting presentation presented at the Project URGE – Foodlink sponsored, "What Would You Have Us Do?" conference held earlier this year.

There is no charge for attending the event; however, donations of blankets homeless shelters, soup kitchens, food pantries and other organizations

or towels, as well as canned goods and non-perishables to be distributed to

Pastor Jonathan & Miche`al Brooks -Canaan Community Church, Chicago



serving the under-served in the Rochester area will be accepted. Churches, individuals and organizations are invited to conduct collections locally throughout Sept. through mid-October, and then bring their donations to the event.

For the ninth year Project URGE is providing a glimpse at those serving the under-resourced in the City of Rochester. Once again participants will become acquainted with a broad spectrum of organizations, which include: after-school programs and summer camps for at-risk youth, soup kitchens, entrepreneurial education, drug and alcohol rehab, food pantries, health/wellness and more, such as: Grace House, Foodlink, SMART (Safer Monroe Area Re-entry Team), Overcomers, Healthy Living (URMC), Compeer, Youth for Christ, The Children's Agenda, Place of Hope, YWCA, ABC (Action for a Better Community), Rochester Recovery House, Jennifer House, Nielsen House, Northeastern Seminary, Spiritus Christi Prison Outreach, Project URGE, Inc. ministries and more.

This URGEnt Presentation event will help bring awareness of opportunities for involvement by church and community groups, as well as individuals who desire to make a difference in the City of Rochester. The goal intends to inform, inspire and involve participants.

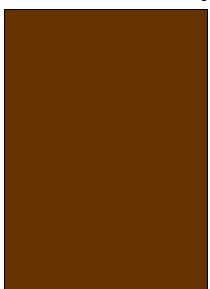












Our Mission: To initiate and support urban ministry efforts that connect and unite churches, organizations, and individuals in working together to break down the barriers of poverty, racial division and despair in the name of Jesus Christ.

Together we can do more!

1 John 3:17,18

www.projecturge.org

585.223.8340

Our ministries and events include — Networking, Bread Run Team, Sat. Sonshine Program, Mothers In Need of Others/Furnished for Life, Diversity Café, SPEAK, URGEnt Presentation, URGEnt Collection, Prayer Team, Concert of Praise, Heart for the City, 5 Point Plan = the Community Symphony, Training & Workshops

Project URGE 2013-2014 Schedule of Events

2013

November 2 (Sat.) - 9 am - 3:30 pm - URGEnt Presentation & Workshops w/FBOs & CBOs booths, Pastor Jonathan Brooks (speaking and workshop), Poverty Simulation & more @Youth for Christ facility—1 Favor St., near W. Main & Ford St.

December 6 (Fri) - 7pm - Networking/General Meeting – place TBA

2014

January 19 (Sunday) - 4pm - Networking/General Meeting – place TBA

March 10 (Sat.) - 8pm - Project URGE Annual Dinner

May 9 (Fri.) - Networking/General meeting – Parsells Community Church – 345 Parsells Ave., 14609





2013 Annual Children's Sabbath

Rochester's children are in a state of crisis: Rochester has the 7th highest child poverty rate in the nation. We have more poorly performing schools than any other district in New York State. Our teen pregnancy and STD rates are much higher than New York City's. Among city adolescents, homicide is the leading cause of death. **Our kids need our prayers, and they need our voices**

Join in Rochester's very special Children's Sabbath on October 18 – 20, 2013 (or an alternative weekend this fall). Thousands of congregants from every major faith tradition in the greater Rochester area will *pray, learn, and act* together that weekend on the moral imperative to make the changes our kids need.

During last year's Sabbath, 80 congregations lifted up children in their own way, in their own worship services. Many signed letters advocating for more state funding for child care subsidies - making child care available to hundreds more low-income working families statewide. Faith leaders carried 2,068 of their congregants' letters to Albany for meetings with the Governor and State leaders - and the New York State budget included an increase in this program!

For more information contact Brigit Hurley at The Children's Agenda bhurley@thechildrensagenda.org, (585) 256-2620 ext. 2062) or visit www.thechildrensagenda.org/interfaith-collaborative.

JD and Kat are a young couple with a newborn son, Jimmy. Kat plans to return to work soon. But their \$2,000 monthly income won't cover the high cost of quality child care on top of their other expenses. All the good child care providers in the Rochester area charge hundreds of dollars each month - dollars that Kat and JD just don't have. They will have to find someone to care for Jimmy who will accept the small amount they can afford to pay. Unfortunately, too often, low cost child care is low quality child care.

In 5 years little Jimmy will walk through a kindergarten door. Will he be ready to succeed in school? Well-established brain research shows that the answer depends largely on where he has spent his first years of life. In a safe, stimulating care setting with loving adults, he has a much greater chance of learning to read by 3rd grade and staying on track to graduate high school. Children's experiences in the first few years of life lay the neurological foundation for the rest of their lives. A baby forms 700 new neural connections each second (Harvard Center for the Developing Child), a process strongly shaped by environment and interactions with parents and other caregivers. By age 3, lower income children have typically heard 30 million fewer words spoken to them than other children (Rice University Center for Education).

The 2013 Children's Sabbath will focus on getting Monroe County to devote more of our existing local tax dollars to child care subsidies for low-income working families. Our entire community benefits from increased availability of child care, with more stable employment for parents and increased school readiness for young children.



Children and youth in the Rochester area face many complex problems, yet there are real solutions.

Preventing problems is more effective and less expensive than reacting to them. When children spend their early years in a loving, nurturing setting, that good start lays a foundation for the rest of their lives.

The challenges:

□ Half of Rochester's children live in poverty; for Monroe

County children, the poverty rate is 24%. Research shows that living in poverty creates stress in all aspects of a child's life.

□Rochester students have the lowest graduation rate in the state. Only 5 percent of Rochester School Distr	-ict
elementary and middle schoolers scored proficient on math and reading tests.	

□New York State was named the least affordable state for Center-Based Infant Care in 2012. The average cost of one year of high quality infant care in New York is \$14,009. That's twice the cost of tuition at a SUNY college, and more than the annual income of a person working full-time for minimum wage.

 \Box Child care subsidies for working families, funded with federal, state and local tax dollars, currently serve only 40% of the families in Monroe County who need them. There has been a loss of 6,535 child care subsidy slots in Monroe County since 2001 (13,950 \rightarrow 7,415).

One solution: Subsidies that enable low-income working families to afford high quality child care are key to getting children off to a good start. Our community will thrive and prosper in the future, if we invest in our young children.

□75% of brain growth and 85% of intellect, personality and social skills develop before age 5.

□ Child care subsidies benefit children with a jump start in life from higher quality care. Parents are more reli-

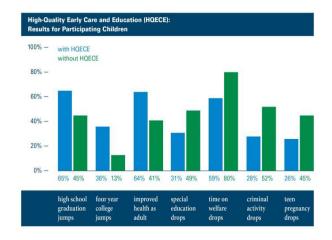
able and productive workers and caregivers when their children are in stable care. The entire community benefits with more families working and sharing the tax burden, reduced expenditures on more costly welfare and crime, and a better educated, more skilled workforce in the future.

1 S. Washington St., Ste 400, Rochester, NY 14614



(585) 256-2620

www.thechildrensagenda.org





Mission: to provide hunger relief, eliminate the root causes of hunger, improve health, and promote economic development. We do this through the distribution of food to a network of agencies and by empowering individuals through nutritional and agricultural programs.

Vision: to build a hunger-free community and a sustainable regional food system in which every individual has access to nutritious food and is empowered with the tangible skills to lead a healthy and productive life

New Shopper Orientation: October 21st & November 18th; 9:30-10:30 am

In order to shop at Foodlink staff and/or volunteers from your agency must attend this class. To register call: 585 -328-3380 x129 or **mmckenzie@foodlinkny.org**

HPNAP 101: October 21st & November 18th, 10:45-11:45 am

What is HPNAP? What is covered by HPNAP grants? What does donated and purchased HPNAP mean? What is required of my agency to receive HPNAP grants? If you cannot answer these questions then HPNAP 101 is for you. Whether you have been at your emergency food program for years or you are brand new, this class will be beneficial to all. In addition to learning all about this essential grant, you will also learn about other grants and resources available to you as an emergency food program. To register call: 585-328-3380 x129 or mmckenzie@foodlinkny.org

Basic Food Safety for Pantries & Kitchens: October 21st & November 18th, 12-1:30 pm;

The class will cover basic food safety information for pantries and programs that prepare food on site. A staff member or volunteer who has completed this training must be on site during food usage. Certificates are good for one year and fulfill the HPNAP and agency membership food safety training requirement. All agency staff and volunteers are invited at no cost. To register call: 585-328-3380 x 151 or **Isugarwala@foodlinkny.org**

L2 Food Worker Certification at Foodlink: October 23 & 24 pm both days. Cost is \$75 for food bank members, \$105 for non-members.

Scholarships may be available for emergency food programs. Please submit an <u>application for training</u> to Laura Sugarwala.

Pre-registration is required for all trainings at Foodlink. Class sizes are limited so please call soon to reserve your space. All classes located at 1999 Mt. Read Blvd, Rochester NY, unless otherwise noted.

Why is orange the color of hunger?

Nearly 75 years ago, an aging Rochester woman by the name of Mable McFiggens was the first to use the Food Stamp program, now known as the Supplemental Nutrition Assistance Program (SNAP), when she purchased prunes with her orange food stamps - the same color for hunger awareness. Now, as Hunger Action Month is upon us, there are imminent changes and topics of debate surrounding SNAP that the community should be aware of Hara are three major changes that may affect the people of



munity should be aware of. Here are three major changes that may affect the people you serve:

With the expiration of the American Recovery and Reinvestment Act of 2009 (ARRA, otherwise known as "the Stimlus"), the average <u>SNAP household of four will lose \$25 in monthly benefits</u>. The minimum SNAP allotment will also decrease from \$16 to \$14. These changes will begin to take effect on November 1, 2013, regardless of what changes are made to the Farm Bill.

Over half of the proposed cuts to SNAP are slated to come from <u>alterations to Categorical Eligibility</u>. Categorical Elgibility enables households that incur costs for child support, dependent care and some medical expenses (for the elderly and people with disabilities) that bring their disposable income within 130 percent of the federal poverty rate (200 percent for seniors and people with disabilities) to forgo most asset limit tests. The asset limit test involves a cap on the amount and value of cars owned by the applying household, disqualifying households that have more than \$2000 in savings (or \$3,250 for seniors and people with disabilities), and assess stocks, bonds and equity owned by the applying household. The elimination of Categorical Eligibility may threaten as many as 2 million households, including more than 210,000 children who would no longer automatically qualify for free lunch at school because of their families SNAP eligibility.

The Project URGE Bread Run—Frequently Asked Questions

What is the Bread Run?

The Bread Run is a ministry of Project URGE. We are a group of dedicated families and individuals who deliver bread and baked goods on Saturday mornings to those in need within the City of Rochester. Our aim is to connect with agencies, organizations and individuals in an effort to build relationships and to allow God's love to shine through us as we pick-up and deliver bread.

How do I become a volunteer?

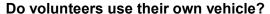
If you are interested in volunteering in this capacity, please contact Christin Babcock at christinmae@gmail.com or 334.456.8396.

How much time is involved in volunteering?

Volunteers are scheduled for one Saturday every 6-8 weeks. Many volunteers come from the Canandaigua area and spend about 3 hours from the time they leave their home to the time they return. You can, however, invest more time if you choose! Many of the drop off locations have opportunities to read or do crafts with children, pray with the people you encounter, or otherwise invest in the lives of the marginalized.

Can I bring along my spouse/kids/friend or someone to ride along?

Yes! The Bread Run is a great ministry to involve your family and friends! Serving alongside those you love creates a wonderful opportunity to grow together, invite dialogue and experience God in unexpected ways. Many new volunteers or people who are interested in learning more ask to accompany someone to "learn the ropes." Please contact Christin Babcock at christin-mae@gmail.com or 334.456.8396 to work out the details.



Yes, volunteers drive their own vehicle and use their own gas when driving to pick up the food donations and then drop off at the different sites.



Heart for the City After-School Reading Program

Heart for the City is a Christian volunteer --ministry whose mission is to "Serve our Lord Jesus Christ through faith-based programs that build trusting relationships, strengthen families, and improve literacy" within under-resourced neighborhoods in the City of Rochester. It is one of several ministry programs provided through Project URGE, Inc., a faith-based, non-profit organization that focuses on bringing Christians together to minister to pressing needs within our community.

Heart for the City recruits caring adult volunteers to help staff the after-school reading program at the Sully Public Library at the Ryan Community Center, 530 Webster Avenue, in Rochester. This program is administered through the Rochester Department of Recreation, so all volunteers must complete a volunteer application form which includes agreeing to a background check (mandated for all adults volunteering to work with children).

The after-school reading program runs on Tuesdays, Wednesdays, and Thursdays from 3:30 – 5 PM at the Sully Public Library, and follows the Rochester City School district school calendar (no program during school vacations or during the summer).

Please pray and consider if you could give of your time to be a caring adult to elementary school-aged children in this after-school program. Contact me, Mary Stevens, at either (585) 750-3762 or stevensbristol@gmail.com to learn more about the program or to sign up to participate. I hope to hear from you!

Furnished 4 Life Ministry

and MINO-Mothers In Need of Others



F4L - Helping to raise people up from poverty to self sufficiency and independence

Our mission is to provide opportunities for people to gather together as neighbors in order to eliminate barriers to **self-sufficiency** for low income families.

The fastest growing segment of our population today are those who fall into the category of the "working poor"; those individuals who are currently employed, but who still find themselves at or below the poverty line. These are hard working individuals with families from all walks of life who struggle daily to put food on their tables and keep a roof over their heads. They are forced to make tough choices between eating and paying the rent!

WE NEED YOUR HELP!

We are looking for individuals from all ages and genders who feel called to:

- Donate various items—Please see the list of donatable items on our Project URGE page www.projecturge.org/mino
- Mentor our Circle of Friends in need
 - · Clean, sort, and box donations
 - · Wash and/or Mend donations of torn linens and bedding
 - Fundraise
 - · Volunteer at our annual "Noel-abration" Christmas party!
 - Pray for the ministry and our clients

TO DONATE: CALL 348-8596 OR EMAIL: Furnished4Life@gmail.com

(A ministry under the 501 (c) (3) of Project URGE, Inc.)

We, in the Furnished 4 Life ministry, are committed to changing this social dilemma. It is our goal to provide grocery items and house wares to supplement their income, while assisting our friends in need in setting and working toward goals to move out of dependency and hopelessness to independence, self-sufficiency, and hope! We strive to demonstrate the Love of Christ to our hurting brothers and sisters by developing meaningful relationships and helping them to recognize that they are valued and cherished in the Family of







"Loving the Old and New Me"

FREE FAITH-BASED WORKSHOP ON BUILDING SELF-ESTEEM

Sponsored by

J.U.S.T.M.E. Self-Empowerment Center for Women, Inc.

"A mobile learning center offering 'FREE' self-empowering tools, workshops and job readiness tips utilizing computer based technologies."

A **FREE** workshop offered to women and girls of all ages including high school and college students, mothers, married, divorced, single or elderly. Free refreshments served along with words of encouragement, personal stories shared to help attendees gain improved self-esteem. Everyone is encouraged to share your experiences to help others in a safe, loving and non-judgmental environment.

FREE 100% Cotton J.U.S.T.M.E. T-shirt to the first (10) REGISTERED attendees!!

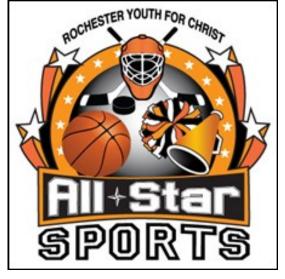
To schedule this faith-based and empowering workshop on "improving self-esteem" to be hosted at YOUR location, contact us. No group size is too small! Call us TODAY!

J.U.S.T.M.E. Self-Empowerment Center for Women, Inc. (501c/3)
Minister Natalie Payne, President/CEO
Telephone: 585-465-0831

Email: info@justmecenter.org

*501c/3 not-for-profit organization serving women and families living within the City of Rochester-Monroe County and surrounding areas. Donations solicited to cover administrative costs and workshop materials. United Way Donor Designation #2552

J.U.S.T.M.E. is a Project URGE affiliated ministry partner*



The Youth for Christ All-Star Sports League is a Christian collaborative league designed for ages 9-17.

The purpose of the league is to create an environment for healthy athletic competition and holistic personal development of the young person. YFC believes that all players should have **FUN**, develop skills, and learn to appreciate the game. The league is comprised of three different sports, Hockey, Basketball and Cheerleading.

YFC endorses and promotes positive coaching that offers praise and encouragement towards players and participants. The League is designed with mentor/coaches and referees from the Rochester community who are in line with the YFC vision. Their primary role is to encourage each player, teach basic basketball skills, and share life principles through HOOP TALK, our weekly bible study.

Registration is going on right now for our fall 2013 Basketball season!

Project URGE and Foodlink sponsored

"What Would You Have Us Do Conference"

Reflections on the conference held in April 2013

April 27th Project URGE, Inc. and Foodlink presented the "What Would You Have Us Do Conference", hosted at New Hope Free Methodist Church in the heart of downtown Rochester, which featured speakers Leroy Barber and Pastor Jonathan Brooks from the Christian Community Development Association and leaders of local organizations and learning institutions.

The presentations were inspirational and offered many practical steps that churches and organizations could use to reconfigure their approaches to community transformation. If one needed to sum up the conclusions that could be drawn from the event, it would have been the emphasis on an outward focus.

Pastor Brook's message was titled, "Rebranding the Church" and hit on many obvious things that are associated with branding; however, he placed an emphasis on the "entire church." He challenged us to think about the perception of a church by a visitor or attendee and how that perception can affect the view of "The Church" or any church. He showed a



Leroy Barber and Jonathan Brooks

satirical clip from a movie, where an urban pastor was echoing the "prosperity gospel" in his sermon. Many churches are in a steep decline, which can perhaps be reflective of the lack of outreach, inward focus; slow to change and a lack of relevance in the community. The question was asked about "how many church leaders have gone into the neighborhoods to survey how they are perceived in the community? There is a need to go out and listen and learn from the perceptions of others in the community and to not be defensive about the answers one might hear in the process. But perhaps the larger point is what we do need tear down the perceptions that act as barriers between the Church and community.

Leroy Barber discussed "Community and Church Development". One of the first slides read, "The Word became flesh and blood, and moved into the neighborhood. This led to definitions of different types of neighbors: a. strategic neighbors, b. intentional neighbors and c. vocational neighbors. This topic gravitated to Bible verses that reflected on the connecting with perceived outcasts, as in the woman at the well, Zaccheus, the tax collector and feeding the 5000. Again, the emphasis led to outreach and meeting people where they are, as well as embracing new partnerships that will provide a more wholistic approach to the transformation of a community and its people. The church service on Sunday is sacred, but not the center of where the ministry takes place, such as the after-school program, the coffee shop, starting a business in the 'hood, or other missions that are out in the neighborhood. Rev. Barber offered up a new paradigm for the "Circle of Care", which had the poor and oppressed in the center. This was reinforced by the fact that one church or organization cannot overcome all the challenges, so there is a need to change the attitudes of independence toward one of working together in the community.

Reflections on other workshops:	
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Dr. Marvin McMickle's (President of Colgate Rochester Crozier Divinity School) workshop, titled the "The Challenge Before Us", also emphasized the need to focus on outreach to a hurting community.

Whether pastor or parishioner, we all have an obligation to serve those outside the walls of our churches. This was the theme of the lecture given by Dr. Marvin McMickle on Saturday, April 27th at the "What would You have us do?" conference. Part of the task of the pastor is not to try to solve the problems of the congregation and community himself, which can result in burnout, but to *share* in the ministering of the people. In McMickle's theory of Concentric Circles of Pastoral Care he maintains that the First Circle, involves the pastor caring for his congregation.

Project URGE Fall 2013 News



There are four things that pastors ought to be doing:

- 1) Healing the hurting
- 2) Guiding individuals through their problems/issues (counseling)
- 3) Sustaining encouraging and giving hope
- 4) Reconciling- bringing the lost back into a right relationship with God

The Second Circle is training specific individuals to care for the rest of the congregation. This is the Second Circle of ministry. These trained people are encouraged and equipped to know when to go and serve WITHOUT pastoral prompting; therefore lightening the load of the pastor. This is ministry is done on "shared lived experience"; people helping other people who can relate because they have already been through what the person is now going through. He sited the story of Lazarus in which the congregation came alongside the grieving family at the time of his death.

The Third and final Circle is the ring of social outreach where we, as a congregation, are required to care for the needs of those in the wider community. In Matthew 25 we are instructed to care for the least of these! Most churches these days are focused on the needs of their congregation. The goal is to strive to be externally focused; to reach out to the community at large. McMickle sited the story of Lazarus the beggar (Luke 16: 19-21), saying that WE all play the part of the "rich man" every time we refuse to see the needs of our neighbors. Jesus asks us to be His witness in all parts of the world; to be someone who is willing to risk loss and pain for His sake. In closing, let us ask not what our pastor and church family can do for us, but what we can do for others in the name of the Man who sacrificed all for us!

SMART (Safer Monroe Area Re-entry Team) presented "Telling Your Story", which included individuals telling their own story of re-entry to society from prison and discussed what caused their incarceration, what challenges they met after release and key points that led to their successful re-entry, as well as how faith groups assisted in the process.

The Healthy Harvest group shared how urban/suburban partnerships came together to work on a vision to encourage healthy urban living, work with business and churches to start a tutoring program at School 19 and a Good News Club.

ACT Rochester provided stats and data to help inform people about the key issues and challenges in the City of Rochester. Ann Johnson outlined the disparities in Monroe County and the city in regard to education, housing and employment.

The Urban-Suburban partnerships seminar was led by Rev. Judy Davis and discussed the partnership with Outreach Temple and Church of the Savior. The workshop focused on learning from folks who are on the ministry frontlines and partnering with other organizations through the ESFSN (Emergency Services and Family Stabilization Network), Foodlink and healthcare agencies. This gave an example of how other urban/suburban partnerships could unfold in the future and was an encouragement to that end.

*Pastor Jonathan Brooks will be our guest speaker for the URGEnt Presentation and will speak on "Empowerment" and "Engaging with the Neighborhood". You'll want to mark it on your calendar!

Nov. 2nd, 2013 (info in this newsletter).

Project URGE, Inc.

31 West Church Street Fairport, NY 14450



The Rising Stars After-School program opportunity to explore creative, social and academic interests. Our program is open to all Rochester students ages 5-12.

Our academic support program includes homework help, tutoring and emphasis on the New York State Common Core offers youth of Rochester the Learning Standards.

We believe that nurturing creativity enables students to succeed. We offer activities in Art, Drama, Cooking, Crafts, Sports and Music. Students learn to make healthy life choices by choosing from a variety of daily activities.

We focus on developing social awareness, mutual respect and interpersonal skills. Our aim is to enable children of our community to become healthy, well rounded adults as well as productive members of the community.

Program hours are after school from 2:00pm to 6:00pm and on school vacations from 7:30am to 6:00pm.

Contact us for more information or to find out how you can become involved.

Email—Risingstars@yfcrochester.org Phone—585-256-5050 Ext. 12

Visit the Project URGE website www.projecturge.org